3:30-4:00pm Pre-Canskate 3 to 5 years	3:30-4:30pm Star 5+	4:00-4:50pm	3:40-4:50pm	9:00-10:00am	9:00-9:50am
	Star 5+		orro noopin	3.00 10.000m	9:00-9:50am
3 to 5 years		Canskate 5+	Star 8 +	Star 1 / 2	Canskate
		vears old		Structured	5+ years old
old		,		Dryland 10:20-11:20am	
4:00-4:50	4:40-5:40pm	5:00-5:50pm	5:00-5:30pm	10:10-11:10am	10:00-10:50am
Canskate	Star 1 / 2	Canskate	Spins and Edges	Star 3/4/5	Canskate
5+ years old 5:00-5:50 Canskate 5+ years old	Structured Dryland 4-4:30pm	5+ years old	Star 5+	Dryland 11:30-12:30pm	5+ years old
	5:50-6:50pm	6:00-6:50pm	5:30-6:30pm	11:20-12:30pm	
	Star 3/4/5	On Ice Conditioning	Star 6/7/8	Star 6/7	
	Dryland 4:50-5:40pm			Dryland 12:40-1:40pm	
6:00-7:00	7:00-8:10pm		6:40-7:10pm	12:40-1:50pm	1:00-1:50pm
Star 1 / 2	Star 6/7		Spins and Edges	Star 8 +	Beginner
Structured Structured	Dryland 5:50-6:50pm		Open	Dryland 2:00-3:00pm	Power Skating
			Starskate		5+ years old
					House league level
	8:20-9:30pm		7:10-8:10pm	2:00-2:50pm	2:00-2:50pm
Star 5/6/7 Star 3/4/5	Star 8 +		Star 1-5	Canskate	Intermediate
	Dryland 7:00-8:00pm		(no groups)	5+ years old	Power Skating
					Select and A
8:20-9:30			8:20-9:30pm	3:00-3:30pm	3:00-3:50pm
Star 8+ Star 6 +			Star 6+	Pre Canskate	Advanced
				3 to 5 years	Power Skating
				old	AA and AAA
9:40-10:30			9:40-10:30pm	3:30-4:00pm	
Adult 16+			Adult Starskate	Pre Canskate	
Learn to Skate Starskate/Competitive			Competitive	3 to 5 years	
				old	
				4:10-5:00pm	
				Canskate	
				5+ years old	
				5:10-6:00pm	
				Canskate	
				9+ years old	
	5+ years old 5:00-5:50 Canskate 5+ years old 6:00-7:00 Star 1 / 2 Structured 7:10-8:10 Star 3/4/5 8:20-9:30 Star 6 + 9:40-10:30 Adult 16+	5+ years old Structured Dryland 4-4:30pm 5:00-5:50 5:50-6:50pm Canskate Star 3/4/5 5+ years old Dryland 4:50-5:40pm 6:00-7:00 7:00-8:10pm Star 1 / 2 Structured 7:10-8:10 8:20-9:30pm Star 3/4/5 Star 8 + Dryland 7:00-8:00pm 8:20-9:30 Star 6 + 9:40-10:30 Adult 16+	S+ years old Structured Dryland 4-4:30pm S+ years old 5:00-5:50 5:50-6:50pm 6:00-6:50pm Canskate Star 3/4/5 Dryland 4:50-5:40pm 6:00-6:50pm 6:00-7:00 7:00-8:10pm Star 6/7 Dryland 5:50-6:50pm 7:10-8:10 8:20-9:30pm Star 8 + Dryland 7:00-8:00pm 8:20-9:30 Star 6 +	S+ years old Structured Dryland 4-4:30pm S+ years old Star 5+ 5:00-5:50 5:50-6:50pm 6:00-6:50pm 5:30-6:30pm Canskate 5+ years old Star 3/4/5 On Ice Conditioning 5:30-6:30pm 6:00-7:00 Star 1 / 2 Star 6/7 Star 6/7 Structured 7:00-8:10pm Star 6/7 Spins and Edges 0pen Starskate Open Starskate 7:10-8:10 8:20-9:30pm Star 8 + Star 1-5 (no groups) 8:20-9:30 Star 6 + Star 6 + 8:20-9:30pm 9:40-10:30 Adult 16+ 9:40-10:30pm Adult Starskate	5+ years oldStructured Dryland 4-4:30pm5+ years oldStar 5+Dryland 1-1:30-12:30pm5:00-5:505:50-6:50pm6:00-6:50pm5:30-6:30pm11:20-12:30pm5:47 5+ years oldStar 3/4/5 Dryland 4:50-5:40pm6:00-6:50pm5:30-6:30pm11:20-12:30pm6:00-700 S Star 1/2 Structured7:00-8:10pmStar 6/7 Dryland 5:50-6:50pm11:20-12:30pm11:20-12:30pm7:10-8:10 S Star 3/4/58:20-9:30pmStar 8 + Dryland 7:00-8:00pm12:40-1:50pmStar 8 + Dryland 2:00-3:00pm7:10-8:10 S Star 6 +8:20-9:30pmStar 1-5 (no groups)2:00-2:50pmCanskate S + years old8:20-9:30 Adult 16+ Star 6 +8:20-9:30pm3:00-3:30pm3:00-3:30pm9:40-10:30 Adult 16+ Starskate/Competitive9:40-10:30pm3:30-4:00pmAdult 16+ Starskate/Competitive9:40-10:30pm3:30-4:00pmAdult 16+ Starskate/CompetitiveImage: Competitive3:30-4:00pmImage: CompetitiveImage: Competitive3:30-4:00pmI

Whitby FSC Spring 2025 Learn to Skate and Starskate