

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3:00-4:10pm Star 6+	3:30-4:00pm Pre-Canskate 3 to 5 years old	3:30-4:30pm Star 5+	4:00-4:50pm Canskate 5+ years old	3:40-4:50pm Star 8 +	9:00-10:00am Star 1 / 2 Structured Dryland 10:20-11:20am	9:00-9:50am Canskate 5+ years old
4:20-5:20pm Star 3/4	4:00-4:50 Canskate 5+ years old	4:40-5:40pm Star 1 / 2 Structured Dryland 4-4:30pm	5:00-5:50pm Canskate 5+ years old	5:00-5:30pm Spins and Edges Star 5+	10:10-11:10am Star 3/4/5 Dryland 11:30-12:30pm	10:00-10:50am Canskate 5+ years old
	5:00-5:50 Canskate 5+ years old	5:50-6:50pm Star 3/4/5 Dryland 4:50-5:40pm	6:00-6:50pm On Ice Conditioning	5:30-6:30pm Star 6/7/8	11:20-12:30pm Star 6/7 Dryland 12:40-1:40pm	
5:30-6:30 Star 1 / 2 Structured	6:00-7:00 Star 1 / 2 Structured	7:00-8:10pm Star 6/7 Dryland 5:50-6:50pm		6:40-7:10pm Spins and Edges Open Starskate	12:40-1:50pm Star 8 + Dryland 2:00-3:00pm	1:00-1:50pm Beginner Power Skating 5+ years old House league level
6:40-7:40 Star 5/6/7	7:10-8:10 Star 3/4/5	8:20-9:30pm Star 8 + Dryland 7:00-8:00pm		7:10-8:10pm Star 1-5 (no groups)	2:00-2:50pm Canskate 5+ years old	2:00-2:50pm Intermediate Power Skating Select and A
7:50-9:00 Star 8+	8:20-9:30 Star 6 +			8:20-9:30pm Star 6+	3:00-3:30pm Pre Canskate 3 to 5 years old	3:00-3:50pm Advanced Power Skating AA and AAA
9:10-10:00 Adult Learn to Skate	9:40-10:30 Adult 16+ Starskate/Competitive			9:40-10:30pm Adult Starskate Competitive	3:30-4:00pm Pre Canskate 3 to 5 years old	
					4:10-5:00pm Canskate 5+ years old	
					5:10-6:00pm Canskate 9+ years old	

Whitby FSC Spring 2025 Learn to Skate and Starskate

